Division of Occupational, Environmental, and Climate Medicine University of California, San Francisco



Work and Environmental Respiratory Disease and Updates in Occupational and Environmental Medicine



March 7-9, 2024

San Francisco Marriott Fisherman's Wharf San Francisco, CA



COURSE CHAIRS

Paul D. Blanc, MD MSPH Samuel Goldman, MD MPH Robert Kosnik, MD DIH Rahmat Balogun, DO MPH Stephanie Holm, MD MPH PhD cme.ucsf.edu



Work and Environmental Respiratory Disease and Updates in Occupational and Environmental Medicine

March 7-9, 2024 and March 6, 2024 Evening Poster Session

These courses are presented by the Division of Occupational, Environmental, and Climate Medicine in the Department of Medicine at the University of California San Francisco. They provide targeted reviews of one topic area along with a broader update of current topics in occupational and environmental health. The curriculum is designed for occupational and environmental health professionals, including occupational physicians and nurses, and industrial hygienists. It also meets the needs of primary care providers and others engaged in practice and research, including physicians (family medicine practitioners, internists, emergency medicine specialists), advanced practice nurses and other nursing professionals, and physician assistants. Policy makers and medical-legal practitioners also benefit from the curriculum offered. The first day of the 2024 course, Work and Environmental Respiratory Disease, addresses subject areas that underscore the interrelationships and linkages between work and the environment with respiratory disease. Topic examples include a Historical Perspective on the Lung, the Occupational Burden of Non-Malignant Respiratory Disease, Pneumoconiosis, Hypersensitivity Pneumonitis, Idiopathic Pulmonary Fibrosis, and Climate Change and Respiratory Health looking at Heat, Wildfires, Air Pollution and more. A poster session the evening before the first conference day will supplement this content, including case reports and research data. The second day and final half-day of the course will cover a multi-topic theme: Updates in Occupational and Environmental Medicine.

TARGET AUDIENCE

This course is designed to provide the experienced clinician with a review of the epidemiology, and the evaluation of occupational and environmental diseases and injuries. The curriculum will also include a substantial component focused on issues specifically pertinent to occupationally and environmentally-related disease. Most attendees will be occupational physicians, but some are specialists in related fields who will profit by an in-depth presentation of occupational and environmental medicine topics. Thus, although targeted for physicians, some non-physicians, in particular graduate nurses, usually attend and benefit from the curriculum. Some attendees are from developing countries where physicians are not available to provide consultation to industry for the development of health and safety programs; others have been U.S. nurse practitioners who play a pivotal role in occupational health.

OBJECTIVES

Attendees completing this course will be able to:

- Clarify their role in addressing occupational and environmental health topics in clinical practice;
- Adopt new medical knowledge into preventive activities addressing occupational and environmental risk factors, both established and newer:
- Improve their evaluation of scientific data in the field of occupational and environmental health;
- Expand the differential diagnosis to incorporate a wider range of environmental and occupational factors in various disease processes;
- Better apply appropriate diagnostic methods and treatment options for selected occupational and environmental conditions.

ACCREDITATION

In support of improving patient care, University of California, San Francisco is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UCSF designates this live activity for a maximum of 17.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include 1.5 geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Medicine: The approved credits shown above include 2.5 Pain Credits towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally III.

Trauma: The approved credits shown above include 3.25 credits toward satisfying the American College of Surgeons Committee on Trauma requirement for trauma-related continuing medical education.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit[™] from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AIMA PRA Category 1 CreditTM.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. *Determination of credit is pending.*

California Division of Workers Compensation – Medical Unit (QME Credit): This course has been reviewed and approved for 17.75 hours of credit.

WEDNESDAY, MARCH 6, 2024 · Pre-Conference

6:30-8:30 pm Evening Poster Session and Opening Reception

THURSDAY, MARCH 7, 2024

DAY 1 • 1	WORK AND	ENVIRONMENTAL	RESPIRATORY	DISEASE
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7:00 am		Registration and Continental Breakfast	
7:45		Introductions	Course Leaders
8:00		The Lungs: A Historical Perspective	Paul Blanc, MD MSPH
8:50		The Occupational Burden of Non-Malignant Respiratory Disease	Carrie Redlich, MD MSPH
9:40		Break	
10:10	P	Occupational and Environmental Cancer of the Thorax and Nasal System: What Have We Learned?	Carl Reynolds, MD
11:00		Pneumoconiosis: The More Things Change	Robert Cohen, MD
11:50		Lunch Break	
1:10 pm		KEYNOTE: Hypersensitivity Pneumonitis: An Unfolding Story	Hayley Barnes, MD
2:10	G	Infectious Pneumonia as an Occupational Disease	Kjell Torén, MD
3:00		Break	
3:30		Idiopathic Pulmonary Fibrosis and other Rare Fibrotic Lung Diseases of Unknown Cause – Not so Idiopathic After All	Sheiphali Gandhi, MD MPH
4:20	Т	Climate Change and Respiratory Health: Heat, Wildfires, Air Pollution, and More	John Balmes, MD
5:10		Closing Panel: Work and Environmental Respiratory Disease – What is the State of the Art?	Facilitator: Paul Blanc, MD MSPH Discussants: Carrie Redlich, John Balmes, Kjell Torén, Hayley Barnes
6:00 nm		Adiourn	

6:00 pm Adjourn

FRIDAY, MARCH 8, 2024

DAY 2 · UPDATES IN OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

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7:00 am		Registration and Continental Breakfast	
7:50		Introductions	Course Leaders
8:10		The Intersection of Pediatrics and Occupational and Environmental Health	Stephanie Holm, MD PhD MPH
9:00		Rhinitis and Sinusitis in the Workplace: What Does the Nose Really Know?	Dennis Shusterman, MD MPH
9:50		Break	
10:20	G	Ambient and Workplace Air Pollution and the Heart	Joel Kauffman, MD MPH
11:10	T	Radiation Effects Across the Spectrum	Rajan Puri, MD MPH
12:00 pr	n	Lunch	
1:30		KEYNOTE: Carbon Dioxide: Should We Rethink its Toxicity?	Howard M. Kipen, MD MPH
2:20	TP	Taking a Military 'Occupational' and Environmental History	Ware Kuschner, MD
3:10		Break	
3:40		Occupational COVID in Non-Clinical Workers – Lessons For The Next Pandemic?	Amy Heinzerling, MD MPH
4:30		OEM Published Research: The Year in Review	Samuel Goldman, MD MPH
5:15 pm		Adjourn	

SATURDAY, MARCH 9, 2024

DAY 3 · UPDATES IN OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

DAT 3 · UPDA	TIES IN OCCUPATIONAL AND ENVIRONMENTAL MEL	JICINE
7:15 am	Registration and Continental Breakfast	
8:15	Introductions	Course Leaders
8:30 T	What Sports Medicine Can Teach Us about Occupational Injury	Anthony Lopez, DO MPH
9:20	Metals Toxicity: It's More than Lead, Mercury, and Arsenic	Stephen Petrou, MD John Keller, MD
10:10	Coffee Break	
10:30	Occupational Hepatitis: Chemical and Other Agents	Robert Harrison, MD MPH
11:20	Closing Panel: Occupational and Environmental Health – Where Do We Go from Here?	Facilitator: Sam Goldman; Discussants: Rahmat Balogun, Robert Harrison, Stephanie Holm
12:00 pm	Adjourn	

P · Pain Credit G · Geriatric Credit T · Trauma Credit

Work and Environmental Respiratory Disease and Updates in Occupational and Environmental Medicine March 7-9, 2024

\$500

GENERAL INFORMATION

Advance registration closes one (1) business day prior to start of course.

HOW TO ENROLL

FULL COURSE Registration Fees (Three Days • March 7-9, 2024) Early Bird Rate: Ends 1/7/2024

17.75 AMA PRA Category 1 Credits™

Residents/Fellows/Trainees \$450

by 1/7/24 after 1/7/24
Physicians \$675 \$725
Advanced Practice \$575 \$625
Professionals

Current graduate trainees should inquire regarding special registration options. If you would like to register for only the Work and Environmental Respiratory Disease or Updates in Occupational and Environmental Medicine, see information on individual sections below:

Work and Environmental Respiratory Disease (One Day • March 7, 2024)

8.00 AMA PRA Category 1 Credits™

 by 1/7/24
 after 1/7/24

 Physicians
 \$350
 \$400

 Advanced Practice
 \$275
 \$325

 Professionals

 Residents/Fellows/Trainees
 \$225
 \$275

Updates in Occupational and Environmental Medicine Section Only

(Two Days • March 8-9, 2024)

10.00 AMA PRA Category 1 Credits™

 by 1/7/24
 after 1/7/24

 Physicians
 \$400
 \$450

 Advanced Practice
 \$350
 \$400

 Professionals
 \$25
 \$275

GREENER MEETING

We're saving paper! The syllabus will be available electronically one week prior to the course.

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and

send with payment to:
UCSF Office of Continuing
Medical Education

490 Illinois Street, Floor 8 San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. San Francisco Marriott Fisherman's Wharf is just steps from Fisherman's Wharf and a short walk to Pier 39 attractions.

A block of guestrooms has been reserved at the special UCSF conference rate of \$219/night. You are urged to make your reservations early. The cut-off date is February 6, 2024, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations online, go to www.cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call reservations at (800) 228-9290 or (415) 775-7555. Please identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION

UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL AND LODGING section on the course webpage at **www.cme.ucsf.edu** for more information and discount codes.





You may also reach us by calling the Office of CME at 415) 476-4251 or emailing info@ocme.ucsf.edu

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COURSE CHAIRS

Medicine

University of California, San Francisco

Paul D. Blanc, MD MSPH Professor of Medicine, **Endowed Chair and Division Chief** Occupational, Environmental, and Climate Medicine

Robert Kosnik, MD DIH Clinical Professor of Medicine; Medical Director, UCSF Occupational Health Services, Division of Occupational, Environmental, and Climate

Samuel M. Goldman, MD MPH Emeritus Professor of Medicine and Neurology; Division of Occupational, Environmental and Climate Medicine

Rahmat Balogun, DO MPH Assistant Clinical Professor of Medicine; Assistant Medical Director, UCSF Occupational Health Services, Division of Occupational, Environmental, and Climate Medicine

Stephanie Holm, MD MPH PhD Co-Director, Western States Pediatric Environmental Health Specialty Unit; Assistant Clinical Professor of Medicine, Division of Occupational, Environmental, and Climate Medicine

COURSE FACULTY

Faculty affiliated with UCSF unless otherwise stated

John Balmes, MD

Emeritus Professor of Medicine Division of Occupational, Environmental and Climate Medicine

Hayley Barnes, MD Department of Respiratory Medicine, Alfred Health, Melbourne, Australia

Robert Cohen, MD

Professor of Medicine Northwestern University, Feinberg School of Medicine, Chicago, IL

Sheiphali Gandhi, MD MPH Assistant Clinical Professor of Medicine; Division of Occupational, Environmental and Climate Medicine

Robert Harrison, MD MPH Clinical Professor of Medicine Division of Occupational, Environmental and Climate Medicine

Amy Heinzerling, MD MPH Assistant Professor of Medicine Division of Occupational, Environmental and Climate Medicine

Joel Kauffman, MD, MPH Professor, Epidemiology, Environmental and Occupational Health Sciences, and Medicine University of Washington, Seattle, WA

John Keller, MD

California Poison Control System, San Francisco Division; Toxicology Fellow, UCSF

Howard M. Kipen, MD MPH Professor of Environmental & Occupational Health Director, Clinical Research & Occupational Medicine Division Environmental & Occupational Health Sciences Institute (EOHSI), Rutgers School of Public Health Piscataway, NJ

COURSE FACULTY (CONT'D)

Ware Kuschner, MD Professor of Medicine, Division of Pulmonary, Allergy and Critical Care Medicine, Stanford University School of Medicine Section Chief, Pulmonary, Critical Care and Sleep Medicine, VA Palo Alto Health Care System

Anthony Lopez, DO MPH Staff Physician, Kaiser Permanente San Francisco

Stephen Petrou, MD California Poison Control System,

San Francisco Division; Toxicology Fellow, UCSF Rajan Puri, MD MPH

Corporate Medical Director, PBF Energy Occupational Health Physician, Stanford University

Carrie Redlich, MD MSPH Professor of Medicine and Environmental Health Sciences Director, Yale Occupational and Environmental Medicine Program, Yale University, New Haven, CT

Carl Reynolds, MD

Consultant in Respiratory and Acute Medicine with an interest in lung cancer and respiratory intervention, Imperial College Healthcare NHS Trust; Honorary Senior Lecturer, National Heart and Lung Institute at Imperial College London London, England

Dennis Shusterman, MD MPH Emeritus Professor of Medicine Division of Occupational, Environmental and Climate Medicine

Kjell Torén, MD Occupational and Environmental Medicine, Institute of Medicine The Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden



COURSE REGISTRATION FORM · MDM24N01

Mail to: UCSF Office of CME, Box 0742

490 Illinois Street, Floor 8

Work and Environmental Respiratory Disease and Updates in Occupational and Environmental Medicine

Online registration: www.cme.ucsf.edu

Registration Information: (415) 476-5808

March 7-9, 2024 · San Francisco Marriott Fisherman's Wharf · San Francisco

San Francisco, CA 94143	Course Information: (415)	476-4251
□ Dr. □ Ms. □ Mr. □ Mrs. □ Mx.		
LAST NAME	FIRST	M.I.
DEGREE	SPECIALTY	
ADDRESS		
CITY	STATE	ZIP
DAYTIME PHONE		
EMAIL	CELL PHONE	
Address Label Code Letter (see address labe	el: example, A, B, C, D, etc.)	
E Please indicate if you have any special ne	eds:	
Would you like to be on our priority email list	? □ Yes □ No	
FULL COURSE Registration Fees (Three days • March 7-9, 2024) 17.75 AMA □ \$675 Physicians (\$725 after 1/7/2024) □ \$575 Advanced Practice Professionals (\$ □ \$450 Residents/Fellows/Trainees (\$500 a	6625 after 1/7/2024)	
INDIVIDUAL SECTIONS: Work and Environmental Respiratory Disea (One day ● March 7, 2024) 8.00 AMA PRA C \$350 Physicians (\$400 after 1/7/2024) \$275 Advanced Practice Professionals (\$ \$225 Residents/Fellows/Trainees (\$275 a	Category 1 Credits™ 6325 after 1/7/2024)	
Updates in Occupational and Environment (Two Days • March 8-9, 2024) 10.00 AMA P. □ \$400 Physicians (\$450 after 1/7/2024) □ \$350 Advanced Practice Professionals (\$ □ \$225 Residents/Fellows/Trainee (\$275 af	RA Category 1 Credits™ 5400 after 1/7/2024)	
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Refund Policy: Cancellations received in writing before **March 6, 2024** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

San Francisco Marriott Fisherman's Wharf

1250 Columbus Ave. San Francisco, CA 94133 Phone: (415) 775-7555 www.marriottfishermanswharf.com

